Egg Muffins

Ingredients:

* ¾ cup of spinach
* 6oz can diced tomatoes
* 8 eggs
* ¾ cup of milk
* 1 cup of Sharp Cheddar Cheese

Directions:

1. Drain all juice from tomatoes and spinach, set aside
2. Mix eggs and milk together, set aside
3. Add all ingredients together and stir until well blended
4. Fill muffin pan ¾ way full
5. Bake in oven at 375 degrees until eggs are set

